



12th July 2024

Dear Families

What a shame that the Minack dress rehearsal was cancelled. Fingers crossed for the main performance on Monday! Don't forget to send your Puffin in with appropriate clothing and a packed dinner.

We hope you enjoyed reading the school report for your child. It was lovely to be able to recap what a good year everyone has had! At this time of year it is easy to forget about all the great things that we did in other terms. Thank you so much for your feedback on our new report format.

Thank you Caroline and Bridget for coming in to run our final community assembly of the year.

Thank you to Billy (with help from Rhia) for getting our Lafrowda sculpture well under way.

We are getting excited about Lafrowda - but not nearly as EXCITED AS WE ARE about **this afternoon's music festival**. I am lucky enough to have had a sneak preview of some of the acts - and I can tell you they are amazing - please do come along and see for yourself! The weather will be glorious by 4pm - I've got an app that guarantees it!

Keep going all - only a week and a bit to go...

Key dates remaining:

IMS Prussia Cove performance at school	Mon 15/07/2024
Performance at the Minack - Puffins	Mon 15/07/2024
Tennis @ Porthcurno	Fri 19/07/2024
Lafrowda day	Sat 20/07/2024
Leavers' and celebration assembly	Mon 22/07/2024
Last school day! (finish at 1.30pm)	Tue 23/07/2024

Stars of the Week

Choughs: Reggie - for outstanding improvement in handwriting!

Puffins: Aria - for supreme effort and determination catching up in your maths assessments - you're a star!

Attendance (YTD)

Whole school = 94%

Choughs = 92%

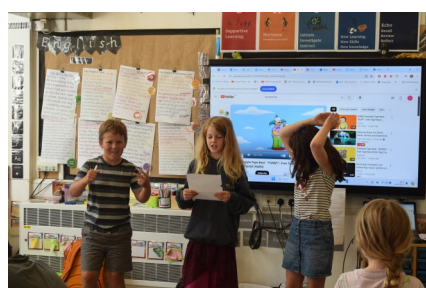
Puffins = 95%

Rap Poems in Puffins!

This week, Puffins have been learning about raps. They first began finding out about the history of the music, where it originated and what made it popular. They listened to some fun raps and analysed how many syllables can be squeezed into a 4 beat phrase if you go REALLY fast!

Next, they learnt about the structure of a typical rap. 4 lines of 2 (usually) rhyming couplets make a set. Three sets are usually followed by a refrain that is repeated throughout the song - a bit like a chorus.

Finally, Puffins began to write their own raps - it was a lot of fun! The final pieces will be performed at the Leavers' Assembly on Monday 22nd - come along and have a listen!



Where does our food come from?

Choughs have been learning about the importance of plants in the food chain. We talked about fruits and vegetables as well as foods we get from animals which eat plants such as eggs, milk and meat. On Wednesday, we spent the afternoon learning about bread and ground wheat grain into flour to make our own flatbread. Turns out this is quite a tricky task! After all of our efforts, we tucked into some flatbreads made on the fire. Nom!





Cornwall Partnership
NHS Foundation Trust



Wild for Wellbeing

FREE Nature-based Family Workshops for Primary-aged Children!

The Mental Health Support Team (MHST) in Schools are delighted to be running a series of Wellbeing Workshops for families in the Summer Holidays 2024 across the Penwith and IoS area. We will be exploring the '5 Ways To Wellbeing' through outdoor-based, creative and practical activities. These workshops are for children to attend alongside their parent/carer. There will be something for everyone!



Dates

Times

Location



Sign Up

Friday 26th July 2024

10am - 12pm

Heamoor Community
Primary School, Penzance

July Dates Sign-Up:
<https://forms.office.com/e/LK3A3s4B6N>

Friday 26th July 2024

1pm - 3pm

Heamoor Community
Primary School, Penzance

Wednesday 31st July 2024

10am - 12pm

Hayle Family Hub, Hayle



Wednesday 31st July 2024

1pm - 3pm

Hayle Family Hub, Hayle

Sign-Up closes on the 18th July 2024
(although spaces are limited so many close sooner). Book a space ASAP!

Wednesday 14th August 2024

10am - 12pm

Bolitho House, Laregan Hill,
Penzance

August Dates Sign-Up:
<https://forms.office.com/e/yrgyzMUG9Yw>

Wednesday 14th August 2024

1pm - 3pm

Bolitho House, Laregan Hill,
Penzance

Thursday 15th August 2024

10am - 12pm

Klondyke Room, Carn Gwaval,
St. Mary's, Isles of Scilly



Thursday 15th August 2024

1pm - 3pm

Klondyke Room, Carn Gwaval,
St. Mary's, Isles of Scilly

Sign-Up closes on the 5th August 2024
(although spaces are limited so many close sooner). Book a space ASAP!



Email cft.mhschoolsteampenwithandios@nhs.net, if you need help with the form!

These nature-based, creative and practical workshops for you to attend alongside your child/ren. All information must be completed for your child/ren to be considered for a place in the workshops. If you'd like further information on how your child's personal details and information will be used then ask to be put in touch with us via your school's Designated Mental Health Lead. By signing up, you are consenting to a generic note being added to your child/ren's clinical record regarding their attendance at a Wellbeing-themed workshop.