



5th December 2025

Dear Families

The Puffins classroom has been a hive of activity this week. There has been lots of rehearsing for the Christmas production, amazing props being designed, home grown / made produce being labelled, mince pies being made and Christmas decorations being painted. Phew! Thank you to all the Friends who have been in to help!

Most of the donations for the hamper are in – now we just have to find where we put the wicker baskets!

John Brolly and Cassandra visited Ryn Gwari this week. What a lovely nursery, in a beautiful setting with lots of happy children! The little ones really enjoyed joining in with the singing and storytelling! Thank you everyone at Ryn Gwari for hosting us.

Mr Hooper was with Choughs for two days this week. How lovely it was to see him. Among other things, he was putting Choughs through their paces doing relay races. Luckily, we've got a bit of time before we need to think about Sports Day!

It was a real shame that the Choughs trip to St Michael's Mount was cancelled due to the very bad weather. You can go and see their amazing wreath over Christmas free of charge (see details over the page).

On Wednesday, Year 5&6 enjoyed a trip to Cape to participate in multi-sports with other local schools. They did a great job, were incredibly kind, polite and, as always, tried their best.

Friends are already here setting up for the Christmas Happening. Please come along tomorrow and enjoy the fun. There will be delicious home-cooked food available (menu over the page). We have been assured the weather will have improved significantly! Bring money!

Happy weekend!

The St Levan Team

Attendance 2025/26

97%

Choughs = 98%

Puffins = 96%

Stars of the Week

Choughs: Louis for enthusiasm & dedication in all of our topic learning – well done!

Puffins: Freya for working incredibly hard to develop your character in the Christmas play, including taking on a singing solo/duo!



YOU'RE INVITED
TO THE

St Aubyn
Foundation



Christmas Carol WREATH TRAIL

on St Michael's Mount

St Michael's Mount is celebrating Christmas with a special project organised by the St Aubyn Foundation involving eleven local primary schools including this school. Each one has created a wreath inspired by a carol chosen by a resident island family.

The wreaths have been hidden around the harbour village and you're invited to enjoy the trail on select dates from 4 December - 5 January.

Free access, dogs
welcome

See website for
opening dates & times



Soup and roll £3.50

Bowl Chilli (Meat) £4.00

Bowl Chilli (Veg) £3.00

Plain Jacket Potato
and butter -£3

Meat/veg Chilli with
Jacket Potato £5.00

Cheese / ham roll £2

Does wax crayon affect paper's absorbency?



Can we squash, tear and bend wood, cardboard and paper?



Top Table

We have had another top table award!

Well done to Bertie, Ursula, Nancy & Louis for being recognised for their lovely table manners during lunch times. They enjoyed waitress service from Mrs Williams. Unfortunately they didn't get to use the special sparkly cutlery very much as lunch that day was Steve's delicious pizza!



Turner's Coat



We know that JMW Turner liked to paint 'en plein air' so he will have needed a decent waterproof coat. We tested the absorbency of a range of materials to see which one would be the best for a coat. We found that the felt, mesh, paper towel and tissue all absorbed the water whereas tin foil and foam did not.





Please join your classmates eating the delicious menu.
All prepared and cooked on the premises by Steve!

Menu for week commencing 8th December

Monday	Macaroni cheese (v) with vegetables	Chocolate chip cookie
Tuesday	Pasta bolognaise Lentil bolognaise (v) with vegetables	Homemade doughnuts
Wednesday	Sausage and mash with vegetables Singapore noodles with Tofu (v)	Lemon sponge cake
Thursday	Packed Lunch	
Friday	 Christmas Lunch!  Chicken ballotine or lentil and cheese wellington served with roast potatoes, homemade stuffing, vegetables & gravy	Christmas tiffin

Please talk to us if you have a food allergy, intolerance or coeliac disease. We want to cater safely for everyone.



SPACE

Supporting Parents And Children Emotionally

SPACE is a free programme for any parent or carer who wants to better understand and support their children's emotions, as well as their own.

Each SPACE course is 5 sessions long and will cover:

- Understanding what is meant by a Trauma Informed approach
- Understanding toxic stress and the flight/fight response
- Practical approaches to support children to regulate their emotions
- Healthy coping strategies for dealing with stress
- Managing different emotions
- Understanding behaviour
- Building resilience in ourselves and our children
- Adopting appropriate expectations of children
- Enhancing your ability to provide nurturing care

MHST has several upcoming 5 session SPACE courses as follows:

Every Monday from 12th January -9th February 2026 - 13:00-14:30
FACE TO FACE at Helston Family Hub, Bulwark Road, Helston, TR13 8JF

with **ONLINE** programmes on:

Every Friday from 9th January-6th February 2026 - 09:30-10:30

or

Every Monday from 12th January-9th February 2026 - 09:30-10:30

To request a place, complete the online form or scan the QR code provided **BY 19th DECEMBER 2025:**
<https://forms.office.com/e/rrUONGgGLMv>

These courses are for parents/carers of children 5-11 yrs only

Spaces are limited (Max 8 per session); if you cannot attend, please notify us ASAP - 01726 873204



WE'VE GOT SPACES

JOIN OUR RANGE OF PROGRAMS

Recreational gymnastics
Daily (4pm-5pm)

Lyrical and Hip Hop
Tuesdays (5:45pm-8:45pm)

Parkour
Tuesday and Thursdays (4:30-7:30)

Recreational Cheerleading
Wednesdays (5pm-6:30pm)

Competitive Cheerleading
Friday (5pm-7pm)
Sunday (12pm-4pm)

Email pzgymclub@gmail.com to book your trial

