St Levan Primary School



where all children SHINE ... for life

The Bottoms, St. Levan, Penzance, Cornwall, TR19 6HD Tel: 01736 810486



# Children's Mental Health Week 6<sup>th</sup>-12<sup>th</sup> February

Dear parents,

Having read our recent bulletins, you will no doubt be aware that it will soon be Children's Mental Health Week. This year's theme is 'Let's Connect' and is all about making meaningful connections for all. People thrive in communities, and this connection is vital for our wellbeing. When we have healthy connections – to family, friends and others – this can support our mental health and our sense of wellbeing.

In our special St Levan community, we will be celebrating our connections as a school throughout next week and welcome you to be a part of this. Alongside daily activities in each class, here's some other activities you should know about:

### Let's Reconnect!

As a school, from Monday the 6<sup>th</sup> of February, we will be opening the school gates at 0830 each morning and 1500 in the afternoon to invite you all to 'drop off' and collect the children from the school playground - the school bell will sound at 0845 for the beginning of the school day. We will cease the routine temperature checks and carry them out if and when we need to within the school. This simple reorganisation will support our school community to 'reconnect' after the past few years as we now feel it is safe to do so. As always, there will be a member of staff present on the playground at the beginning and end of the day. In addition, please could you contact Paula in the school office if you could devote a small amount of time as a volunteer to listen to children read once or twice a week in the afternoon. As part of our 'love for reading' school ethos, we see this as a very valuable aspect of our St Levan community.

## Dress to Express

On **Monday 6<sup>th</sup> February**, children and adults will Dress to Express. This means the children coming to school wearing something which is an expression of themselves to show their interests/personality/passions etc.

## Wear Red for Cornwall Air Ambulance

On **Friday 10<sup>th</sup> February**, everyone is invited to wear red to raise money for the Cornwall Air Ambulance. Suggested donation is £1.

## St Levan Community Event

We invite you all to join us in school from **2.15pm on Friday 10<sup>th</sup> February** for a community event. Let's connect! There will be teas/coffees, a cake sale and community art project on the go. Bring the family. We'd love to see you there. Donations of cakes/biscuits are gratefully appreciated on the day.

From the St Levan Team