

# Cornwall & Isles of Scilly - Mental Health Support Team (MHST) in schools



**21.5.25**

## **Yr 6 Transition Workshops**

By completing this form, you are consenting to your child being involved with the Mental Health Support Team (MHST) FREE Yr 6 'Transition' workshops with their peers happening in school, after Half Term.

This will consist of your child attending three workshops. These will cover:

- What is worry?
- How to manage our worries
- Problem-solving specific worries about transitioning to secondary school in September

Being in this group will give the children the chance to share any thoughts, worries or concerns about this transition, have their questions answered and their worries addressed.

Because we are funded by the NHS, by signing this letter, you are consenting to a generic note being added to your child's clinical health record regarding their attendance at this workshop.

Parent's Name.....

Signature.....

**Upon signing this letter please return it to your child's school.**