



13th June 2025

Dear Families

On Monday, we received a surprise and very welcome donation from the fabulous First and Last Inn - raised during one of their quiz nights. Thank you so much - Friends will definitely find something lovely for the children to spend it on.

On Tuesday, we had a fabulous beach day. The weather was varied: overcast, a bit rainy and finally sunny! We had a lovely time. Some of the Choughs were wetter than the Puffins - and they didn't go in the sea!

When we arrived at school on Wednesday, we were AMAZED at the new playground that emerged in our absence - it is so bright and colourful! The children have loved playing new games. We are so excited about the pickleball court. We take delivery of the net and paddles next week - watch out for invitations to come in and have a go!

Thank you to Chris and Fiona who have done a cracking job trimming and tidying the school site. It looks so smart!

Grace from the Minack came in on Wednesday and had a whole day dance workshop with the Puffins. The bits I saw were great - we can't wait for the final performance. Have you bought your tickets?

Thursday was eventful! Limited power to the school. Think no lights in Puffins, no kitchen, no internet, no phone! Cue panicked calls from up the hill to arrange for emergency pasties and the national grid!

Later, it's the Summer Fete - the weather doesn't look like it will be kind to us, but we will carry on regardless. Warm tea, delicious scones and fabulous stalls will jolly us all up. See you at 2pm - bring your money!

### Stars of the Week

**Choughs:** Ursula for amazing dedication to your learning, especially your times tables and spellings. What a phenomenal week!

**Puffins:** Aila for incredible attention to detail in writing and meticulous workings in maths.  
Well done!

### Attendance (Year To Date)

94%

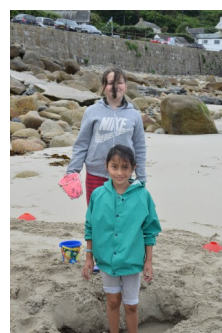
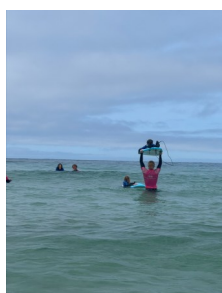
Choughs = 93%

Puffins = 94%

# Beach Day at Sennen!

## Tuesday 10th June 2025

A day filled with building, beach cleaning, surfing, sun and a bit of rain!  
Thank you so much to Dave and his awesome team at Sennen Surfing Centre for making our experiences magical and so much fun yet again!





# Sennen Beach Recounts



yesterday, we went to Sennen beach. At the beach it was rany and rany but it was suny to. Ben foun a jely fish. we put the jely fish in the poot. they was a masiv shoe. We did a liter pick



Yesterday, wax went to school  
bec. I ~~went~~ I bled ROGPBS  
and I fished for crabs in the  
ocean. I bled and crabs  
the I ~~lick~~ been stir the regostri  
to get my shrimp. ~~I~~ was <sup>checked it with</sup> a  
but term it was home time



Yesterday, we went to Seven heads. When I got there, everyone was building rivers, and huts, and sand castles. First, I helped Adam with his river then ~~metes~~ they then a ~~Sadie~~ <sup>river.</sup> Sadie. Just then Dave came down to do their litter pick with us. I saw some sand rope, ~~thing bits~~ white plastic, ~~a~~ tomato sauce and my friend Delphine saw a little soldier so she got a hat. Then some people had a tick and we got back to playing for a couple of hours.

Ed Ward was get in wet  
Ed Ward was hav in a  
high day and Ed Ward  
was gets in a lots more  
wet r and wet r and wet r.  
It was a ALV we  
day and wper and wet r.  
the seeps wa et in Ed's





# Science in Choughs: living, not living, never living





# Power Cut at St Levan!

After a tricky start to the day where we had no power in Puffins, the kitchen, no internet and no phones, - we were thankful for Davey & Gilbert sending out Luke the electrician who arrived so quickly and diagnosed that the fault was outside of the school site (phew)!

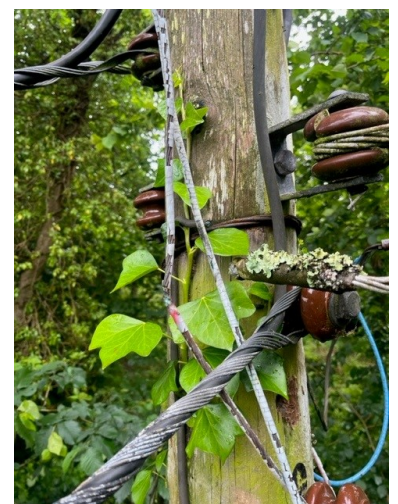
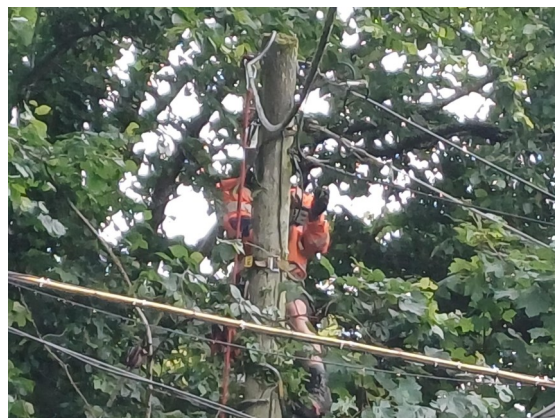
Thank you to Adrian and his team from National Grid for coming along and getting everything working again (and sending us photos from up the pole). There were flashing lights everywhere and hoists up poles. One man went over hedge, through the undergrowth and climbed up a pole - it was very exciting!

Morwenna and her team at St Buryan Farm Shop kept the children filled up with delicious pasties.

Miss Finch was thrilled that the power came back - so the Year 4s could complete their statutory multiplication checks (they were all awesome)!

Year 1 did their phonics screening checks in the dark (but it didn't hold them back - they were ace)!

I think the consensus from the children was that they'd be OK with this happening more often...







Please join your classmates eating the delicious menu.

All prepared and cooked on the premises by Steve!

**Menu for week commencing 9th June**

<b>Monday</b>	<b>Macaroni cheese (v) with vegetables</b>	<b>Shortbread</b>
<b>Tuesday</b>	<b>Chicken curry (mild) with rice and homemade naan bread  Homemade samosa's served with naan bread, rice and dal (v)</b>	<b>Biarritz gateau Basque</b>
<b>Wednesday</b>	<b>Lasagne served with vegetables and garlic bread  Lentil lasagne with garlic bread (v)</b>	<b>Tarte tatin with ice-cream</b>
<b>Thursday</b>	<b>Portuguese meatballs with rice and vegetables  Mexican quesadillas (peppers and cheese) (v)</b>	<b>Banana muffins</b>
<b>Friday</b>	<b>Jacket potato with cheese and beans (v)  with cucumber sticks</b>	<b>Eton mess or cupcake</b>



**MENTAL HEALTH SUPPORT TEAM - MHST** 

Parents and Carers - please join us at our 1hr online Behaviour Workshop

Monday 22 September - 9.30am & 1pm  
Tuesday 23 September - 11am & 4pm  
Wednesday 24 September - 9.30am & 1pm  
Thursday 25 September - 10.00am & 4pm

This workshop provides parents with practical strategies to foster positive behaviour and communication at home.

To book a place please complete the online form <https://forms.office.com/e/gA2jNGbZ4F> or scan the QR code 

This workshop is open to parents/carers of school aged children enrolled in Reception to Year 7 in any school in Cornwall

**MENTAL HEALTH SUPPORT TEAM - MHST** 

Parents and Carers - please join us at our 1hr online Worry Workshop

Monday 8 September - 9:30am & 1pm  
Tuesday 9 September - 10am & 4pm  
Wednesday 10 September - 9:30am & 1pm  
Thursday 11 September - 11am & 4pm

This workshop aims to provide psychoeducation on "What is worry?" and "Why does my child worry?" Also includes practical strategies for helping children manage their worries.

To book a place please complete the online form <https://forms.office.com/e/hkyaFeuY1Z> or scan the QR code 

This workshop is open to parents/carers of school aged children enrolled in Reception to Year 7 in any school in Cornwall

**MENTAL HEALTH SUPPORT TEAM - MHST** 

Parents and Carers - please join us at our 1hr online Resilience Workshop

Monday 15 September - 9.30am & 1pm  
Tuesday 16 September - 10am & 4pm  
Wednesday 17 September - 11am & 1pm  
Thursday 18 September - 9.30am & 4pm

This workshop aims to talk about the meaning of resilience, explore building resilience and look at how and when a young person should ask for help.

To book a place please complete the online form <https://forms.office.com/e/260T74xF2v> or scan the QR code 

This workshop is open to parents/carers of school aged children enrolled in Reception to Year 7 in any school in Cornwall

**MENTAL HEALTH SUPPORT TEAM - MHST** 

Parents and Carers - please join us at our 1hr online Sleep Workshop

Monday 29 September - 11am & 4pm  
Tuesday 30 September - 9.30am & 1pm  
Wednesday 1 October - 9.30am & 1pm  
Thursday 2 October - 10am & 4pm

This workshop aims to provide psychoeducation on sleep hygiene and sleep routines. Also includes practical strategies for helping children

To book a place please complete the online form <https://forms.office.com/e/6cJiu8PaRV> or scan the QR code 

This workshop is open to parents/carers of school aged children enrolled in Reception to Year 7 in any school in Cornwall





## BECOME A HUMAN BEAVER

EVER WONDERED WHAT IT'S LIKE TO BE NATURE'S FINEST ENGINEER?

### BUILD A TRICKLE DAM

07 JULY 2025 | 10AM - 3PM

A FUN AND EDUCATIONAL DAY WORKING TOGETHER AS 'HUMAN BEAVERS' TO BUILD A NATURAL FLOOD MANAGEMENT SYSTEM USING TRICKLE DAMS.

**REGISTER NOW**



The Grower Ltd  
Collections and Delivery Car Park  
Penwinick Road, Saint Agnes, TR5 0PA


 This activity is funded by the Future is Green project at Truro and Penwith College, which is part-funded by the UK Government through the UK Shared Prosperity Fund.



## Songtreats Music Club

excellent music education experiences

**3 days of musical activities for children to inspire and motivate Cornwall's budding musicians**

Ensembles, composition, improvisation, music games, creativity, jam sessions, performances and loads of fun



9am until 3pm 29<sup>th</sup> to 31<sup>st</sup> July 2025

**BOOK NOW**

FOR KEY STAGE 2

£120 for 3 days or £42.75 per day  
In partnership with Cornwall Music Service Trust  
Hosted at the Truro School Music Block, Trennick Ln, Truro TR1 1TH  
songtreats.com

## CAPE CORNWALL SCHOOL

### **SUPER! SATURDAY**

**Years 4, 5 & 6**  
**Saturday 21st June 2025 | 10.00 - 12.30**

<b>MUSIC</b> SCHOOL OF ROCK	Unleash your inner rockstar in this high-energy jam session! Ever wanted to be in a band? Now's your chance. Whether you are a total beginner or already play, join us as we plug in, turn it up, and learn 'Seven Nation Army' together. Let's make some noise and rock the school!
<b>CAPE ACTIVE</b> SUMMER SPORTS	Get outside, get moving, and get competitive in this action-packed sports sampler. Whether you're serving aces in tennis, sprinting to victory in athletics, or hitting sixes in cricket, there's something here for every kind of athlete.
<b>SCIENCE</b> PHYSICS MAGNETISM AND FORCE	Step into the world of invisible powers! Discover how magnets can move things without even touching them, then put your skills to the test by designing your own magnetic maze. Race through challenges, dodge obstacles, and master the force - it's like magic, only physics.
<b>GEOGRAPHY</b> BUG BOXES	Love nature? Become a mini environmental hero by designing and building your very own bug boxes. Learn about local ecosystems and how tiny creatures keep our planet ticking, then give them a stylish new home. A hands-on, creative adventure for curious minds and green thumbs alike.




The Mental Health Support Team warmly invite you to attend...

## Wild Wellbeing

During the summer holidays MHST, in collaboration with Natural England, Cornwall Wildlife Trust and National Trust, would like you to join us on a FREE Wild Wellbeing session at various locations across Cornwall.

This is for parents and children aged 5-12 in Cornwall to help understand and support emotional and mental wellbeing.  
Please book EACH child on to a session

Morning and afternoon sessions available at:

- Golitha Falls
- Dipping Pond, Goss Moor
- Tehidy Woods
- Penrose Estate
- Heamoor Primary School
- Hayle Family Hub

Each session will last approx. 2 hours

To request a place, complete the online form or scan the QR code provided:  
<https://forms.office.com/e/NRrN3NXSvH>



Please note: Places are limited and will be allocated on a first come, first serve basis. If you are allocated a place and cannot attend, please let us know so we can allocate your space to someone else

Follow us on Facebook for updates and upcoming events:  
Cornwall Mental Health Support Team (MHST)