



## ST LEVAN PRIMARY SCHOOL

10<sup>th</sup> May 2022

Dear Parents

At St Levan School, we are very keen to help pupils learn to live healthy lifestyles. Cycling is one of the easiest, cheapest and most enjoyable ways of keeping fit.

That is why we will be incorporating the theme of cycling into our lessons this term to enable pupils to learn about the health and environmental benefits of cycling and the basics of cycling technique, road sense and bicycle maintenance.

We are offering Bikeability training to all pupils in year 4, 5 and 6. Bikeability is cycling proficiency for the 21<sup>st</sup> century, giving pupils the skills and confidence to cycle in today's traffic conditions. If you would like more information on this, visit the Bikeability website at [www.bikeability.org.uk](http://www.bikeability.org.uk). This training for your child is being co-ordinated by Mounts Bay Academy.

Your child will have the opportunity to do Bikeability training on the following dates and at the following times:

Dates	Time
Monday 16 <sup>th</sup> May 2022 ( <b>Year 4, 5 &amp; 6</b> level 1 playground session)	1.00pm - 3.00pm
Monday 23 <sup>rd</sup> May 2022 ( <b>Year 5 &amp; 6</b> level 2 road session)	1.00pm - 3.00pm
Friday 10 <sup>th</sup> June 2022 ( <b>Year 5 &amp; 6</b> level 2 road session)	1.00pm - 3.00pm

Please can you complete the parental consent form and return this prior to the first session as the instructors need to have the form with them to legally take your child on to the roads. Your child will need to bring to school with them, their bike and helmet and appropriate clothing on the dates above.

Yours sincerely

*Mr Mark Francis*

Head Teacher

