

# THREE WEEK MENU

SPRING/SUMMER 2022

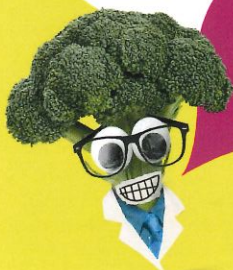


**Chartwells**  
So much more than Fantastic food

**£2.50**

OUR NEW MENU  
CHOSEN BY  
PARENTS AND  
CHILDREN

YOUR  
FAVOURITES  
AVAILABLE  
EVERY DAY



## WEEK

1

HOT  
SPECIALS...DAILY  
FAVES...

## SIDES...

PICK A  
PUD!

MONDAY

**Veggie Burrito** ♡ ♡ ♡

A soft wrap filled with lightly spiced veggies and rice

**Macaroni Cheese** ♡

Traditional Mac 'N' Cheese, delicious macaroni in a creamy cheese sauce

**Jacket Potatoes** ♡ ♡

A choice of hot and cold fillings

**Tomato Pasta** ♡ ♡

Fresh, homemade tomato and basil sauce with penne pasta

**Green Beans and Sweetcorn****Raspberry Ripple Ice Cream**

TUESDAY

**Allegra's BBQ Chicken Burger, Corn and Pineapple Relish with Potato Wedges**

BBQ chicken breast burger with zingy corn relish

**The Incredible Burger served with Potato Wedges** ♡

Meatless burger in a soft bap with ketchup

**Jacket Potatoes** ♡ ♡

with Assorted Fillings

**Tomato Pasta** ♡ ♡

Fresh, homemade tomato and basil sauce with penne pasta

**Sweetcorn and Broccoli****Brownie**

WEDNESDAY

**Roast Chicken with Roast Potatoes & Gravy**

Succulent roast chicken with fluffy roasties and tasty gravy

**Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy** ♡ ♡

A chunky sweet potato and chickpea roast

**Jacket Potatoes** ♡ ♡

A choice of hot and cold fillings

**Tomato Pasta** ♡ ♡

Fresh, homemade tomato and basil sauce with penne pasta

**Carrots and Cabbage****Shortbread Biscuit with Fresh Cut Fruit Slices** ♡

THURSDAY

**Beef Bolognese** ♡ ♡

A classic Italian beef bolognese in a yummy tomato sauce

**Quorn Hot Dog with Potato Wedges** ♡

A delicious Quorn hot dog

**Jacket Potatoes** ♡ ♡

A choice of hot and cold fillings

**Tomato Pasta** ♡ ♡

Fresh, homemade tomato and basil sauce with penne pasta

**Broccoli and Sweetcorn****Banana & Apricot Flapjack with Fruit Slices** ♡

FRIDAY

**Golden Fish Fingers and Chips**

Crispy fish fingers with scrummy chips

**Quorn Nuggets and Chips** ♡

Crispy Quorn nuggets with their fave sauce - ketchup

**Jacket Potatoes** ♡ ♡

A choice of hot and cold fillings

**Tomato Pasta** ♡ ♡

Fresh, homemade tomato and basil sauce with penne pasta

**Baked Beans and Peas****Chocolate & Raspberry Swirl Cake**



## HOT SPECIALS...

## DAILY FAVES...

## SIDES...

## PICK A PUD!

MONDAY

### Veggie Bolognese

Yummy veggie Bolognese with pasta

### Cheese and Tomato Pizza

Cheesy tomato topped pizza slice

### Jacket Potatoes

A choice of hot and cold fillings

### Tomato Pasta

Fresh, homemade tomato and basil sauce with penne pasta

### Cucumber Sticks and Carrot Sticks

### Flapjack with Fruit Slices

TUESDAY

### Allegra's Asian Sticky Noodles

Chicken and vegetables in sweet sauce with noodle

### Allegra's Fruity Cous Cous

With Mint Yoghurt and Pitta Crisps

### Jacket Potatoes

A choice of hot and cold fillings

### Tomato Pasta

Fresh, homemade tomato and basil sauce with penne pasta

### Cauliflower and Peas

### Orange Shortbread with Fruit Slices

WEDNESDAY

### Roast Turkey with Roast Potatoes & Gravy

Roast turkey with fluffy roasties and tasty gravy

### Creamy Vegetable Pie with Roast Potatoes and Gravy

Creamy vegetable pie with a cheesy shortcrust topper

### Jacket Potatoes

A choice of hot and cold fillings

### Tomato Pasta

Fresh, homemade tomato and basil sauce with penne pasta

### Cabbage and Carrots

### Raspberry Yoghurt Cake

THURSDAY

### Beef Lasagne with a Garlic & Herb Bread Wedge

A classic Italian layered pasta dish with beef mince

### Mild Chickpea and Potato Curry with Rice

Tasty chickpea and potato curry served with rice

### Jacket Potatoes

A choice of hot and cold fillings

### Tomato Pasta

Fresh, homemade tomato and basil sauce with penne pasta

### Mixed Salad

### Fruity Chocolate Brownie

FRIDAY

### Battered Fish Fillet with Chips

### Tomato Veggie Burger with Chips

A delicious veggie burger in a soft bun with chips

### Jacket Potatoes

A choice of hot and cold fillings

### Tomato Pasta

Fresh, homemade tomato and basil sauce with penne pasta

### Peas and Baked Beans

### Vanilla Ice Cream

## AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD,  
YOGHURT & FRESH FRUIT

# WEEK 3

W/C: 02/05 23/05 13/06 04/07 25/07 05/09  
26/09 17/10

## HOT SPECIALS...

## DAILY FAVES...

## SIDES...

## PICK A PUD!

MONDAY

### Macaroni Cheese

Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce

### Vegetarian Sausage with Mashed Potato and Gravy

Veggie sausage and mash with rich gravy

### Jacket Potatoes

A choice of hot and cold fillings

### Tomato Pasta

Fresh, homemade tomato and basil sauce with penne pasta

### Peas and Carrots

### Oaty Biscuit with Fresh Cut Fruit Slices

TUESDAY

### Allegra's Chilli Con Chicken and Sweet Potato Bake

Baked wedges of sweet potato, topped with tomato chicken & tortilla crunchies

### Allegra's Cheesy Peasy Risotto Bake

A delicious baked cheesy, pea risotto

### Jacket Potatoes

A choice of hot and cold fillings

### Tomato Pasta

Fresh, homemade tomato and basil sauce with penne pasta

### Broccoli and Green Beans

### Carrot Cake with Citrus Frosting

WEDNESDAY

### Tender Roast Gammon with Roast Potatoes & Gravy

Tender roast gammon with fluffy roasties and tasty gravy

### Quorn Roast with Roast Potatoes and Gravy

Delicious Quorn roast with fluffy roasties and tasty gravy

### Jacket Potatoes

A choice of hot and cold fillings

### Tomato Pasta

Fresh, homemade tomato and basil sauce with penne pasta

### Carrots and Cabbage

### Strawberry Ice Cream

THURSDAY

### Beef Meatballs in Tomato Sauce with Pasta

Delicious beef meatballs in a tasty tomato sauce with pasta

### Veggie Lasagne served with a Bread Wedge

Delicious sheets of pasta layered with veggies and tomato sauce

### Jacket Potatoes

A choice of hot and cold fillings

### Tomato Pasta

Fresh, homemade tomato and basil sauce with penne pasta

### Broccoli and Sweetcorn

### Chocolate Sponge Cake

FRIDAY

### Southern Fried Chicken Tasters with Chips

Lightly seasoned crispy chicken strips and scrummy chips

### Veggie Soft Taco and Chips

A soft taco shell filled with a yummy veggie tomato chilli

### Jacket Potatoes

A choice of hot and cold fillings

### Tomato Pasta

Fresh, homemade tomato and basil sauce with penne pasta

### Baked Beans and Peas

### Cheese & Biscuits